

Improve Your Child's Focus and Fitness with Our After-School Program

Would you like for your children to have better focus, self-control, and confidence?

Would you like for them to engage in fun, exciting activities that build strong bodies and minds?

Would you like for them to spend quality time with excellent role models for life?

If you answered, "YES" to any of these questions, then our After-School program would be a great choice for your family.

By combining the exciting and healthy martial arts training with scholastics, and recreation, our After-School program has the perfect mixture of fun, fitness, and focus building education.

Our professional staff is trained to help create a safe, enriching atmosphere of fun and respect.



Our after-School Program will help your child to learn the confidence to succeed in school and in life.

Member: Martial Arts Teachers' Association